

# School Dance Styles

Ecole de Danse

## SESSO E SAMBA

Count: 48 Wall: 2 Level: Improver  
Choreographer: Theresia (INA) - June 2024  
Music: SESSO E SAMBA - Tony Effe & GAIA  
Intro : 16 Count

# AA BB CC AA BB CC BB CC C

### PART A. 16 Count

#### **S1. TOE TOUCH, BOTAFOGO**

- 1-2 Touch R toe cross over L, Touch R toe to right side  
3&4 Cross R over L, Rock L to side, Recover on R  
5-6 Touch L toe cross over R, Touch L toe to left side,  
7&8 Cross L over R, Rock R to side, Recover on L

#### **S2. FORWARD, PIVOT 1/2 TURN LEFT, FORWARD, CLOSE, SAILOR STEPS R/L**

- 1-2 Step R forward, Turn 1/2 left weight on L  
3-4 Step R forward, Step L close beside R  
5&6 Cross R behind L, Step L to left side, Step R to right side  
7&8 Cross L behind R, Step R to right side, Step L to left side

### PART B : 16 Count

#### **S1. FORWARD, SWEEP, CROSS, STEP, BEHIND CROSS, HIP ROLL**

- 1-2 Step R forward, sweep L forward  
3-4 Cross L over R, Step R to right side  
5-6 Cross L behind R, Step R to right side  
7-8 Hip Rolling (Turn from right to left and finish with your weight on your left foot)

#### **S2.SERPIENTE, 1/2 TURN RIGHT**

- 1-2 Cross R over L, step L to left side  
3-4 Step R Back, Sweep L From Front To Back  
5-6 Cross L behind R, step R to right side  
7-8 Cross L over R, 1/2 turn right (weight on L)

Cathy MERIOT - Choréographe / Instructor

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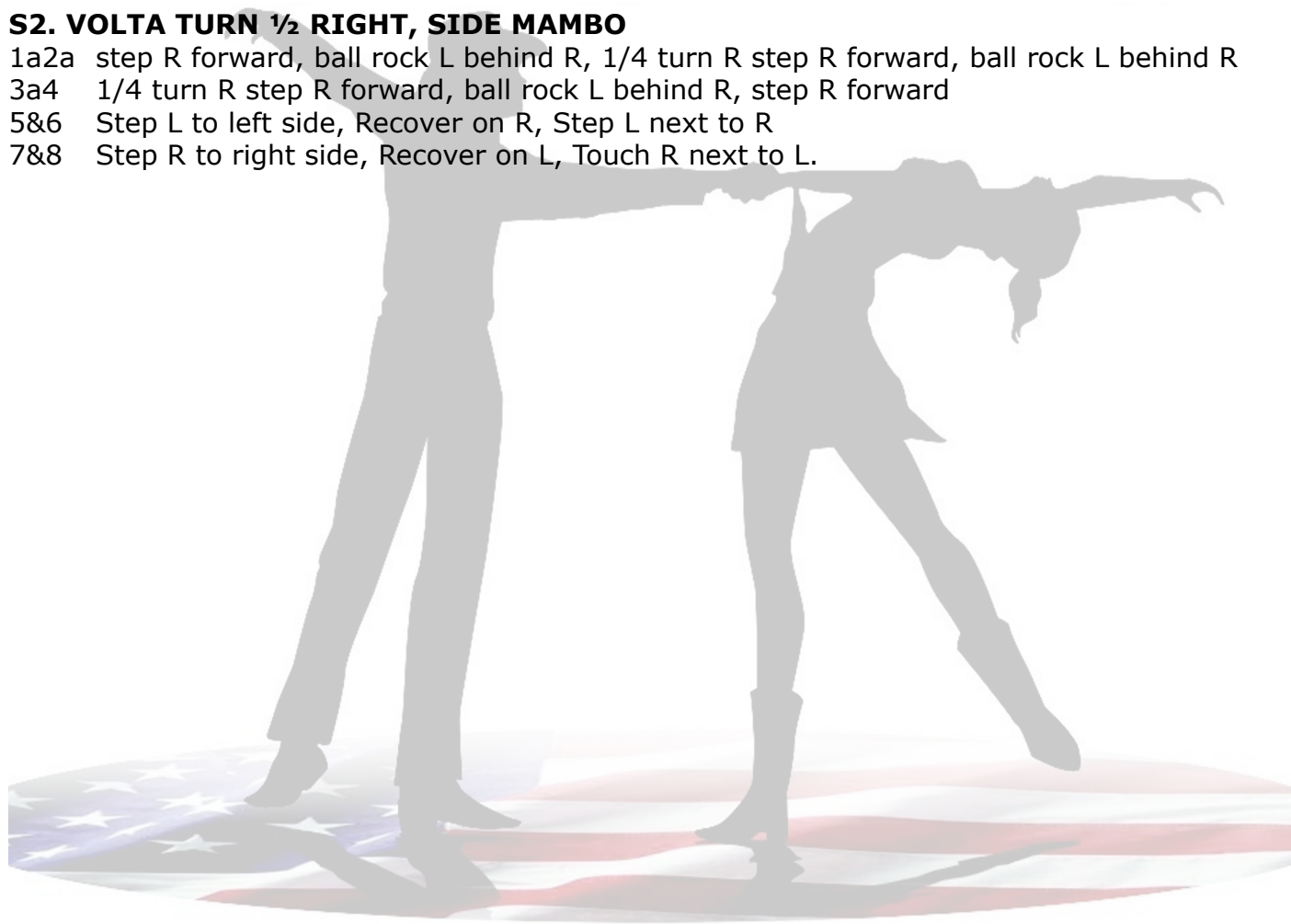
## **PART C : 16 Count**

### **S1. FORWARD SHUFFLE R/L, STATIONARY SAMBA**

- 1&2 Step R forward, step L behind R, Step R forward  
3&4 Step L forward, step R behind L, Step L forward  
5a6 Step R together, Rock L back, Recover on R  
7a8 Step L together, Rock R back, Recover on L

### **S2. VOLTA TURN ½ RIGHT, SIDE MAMBO**

- 1a2a step R forward, ball rock L behind R, 1/4 turn R step R forward, ball rock L behind R  
3a4 1/4 turn R step R forward, ball rock L behind R, step R forward  
5&6 Step L to left side, Recover on R, Step L next to R  
7&8 Step R to right side, Recover on L, Touch R next to L.



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